

Newquay Primary Academy – Spring Term 1 Sequence – PHSE



INTENT

VOCABULARY / STICKY KNOWLEDGE

SEQUENCE OF LESSONS

OUTCOME / COMPOSITE

RECEPTION

Dreams and goals: Aspirations, how to achieve goals and understanding the emotions that go with this.

Prior knowledge... Children are developing their sense of responsibility and membership of a community.

In this Puzzle the children talk about challenges and facing up to them. They discuss not giving up and trying until they have achieved their goal. The children are encouraged to think about jobs that they might like to have when they are older and are taught to associate what they learn now with being able to have the job they want. They also talk about achieving goals and the feelings linked to this.

Dream, goal, challenge, job, ambition, perseverance, achievement, happy, kind, encourage.

1. I understand that if I persevere, I can tackle challenges.
2. I can tell you about a time I didn't give up until I achieved my goal.
3. I can set a goal and work towards it.
4. I can use kind words to encourage people.
5. I understand the link between what I learn now and the job I might like to do when I'm older.
6. I can say how I feel when I achieve a goal and know what it means to feel proud.

To set simple goals for myself and explain how I can achieve them. To recognise the feelings associated with obstacles I may face when trying to reach my goals.

YEAR 1

Dreams and goals: Aspirations, how to achieve goals and understanding the emotions that go with this.

Prior knowledge... Children have discussed jobs they might like when they are older and understand the skills they might need for this job.

In this Puzzle the class talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. The children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. They discuss partner working and how to do this well.

Proud, success, achievement, goal, treasure, coins, goal, learning, stepping-stones, process, working together, team work, celebrate, learning, stretchy, challenge, feelings, obstacle, overcome, achieve, dreams, goals.

1. I can tell you about a thing I do well.
2. I can tell you how I learn best.
3. I can celebrate achievement with my partner.
4. I can identify how I feel when I am faced with a new challenge.
5. I know how I feel when I see obstacles and how I feel when I overcome them.
6. I know how to store the feelings of success in my internal treasure chest.

To set simple goals for myself and explain how I can achieve them. To recognise the feelings associated with obstacles I may face when trying to reach my goals.

YEAR 2

Dreams and goals: Aspirations, how to achieve goals and understanding the emotions that go with this.

Prior knowledge... Children have discussed setting simple goals and how to achieve them.

In this Puzzle the class talk about setting realistic goals and how they can achieve them. They discuss perseverance when they find things difficult as well as recognising their strengths as a learner. The children talk about group work and reflect on who they work well with and who they don't. They also talk about sharing success with other people.

Realistic, proud, success, celebrate, achievement, goal, strength, persevere, challenge, difficult, easy, learning together, partner, team work, product.

1. I can choose a realistic goal and think about how to achieve it.
2. I carry on trying (persevering) even when I find things difficult.
3. I can recognise who I work well with and who it is more difficult for me to work with.
4. I can work well in a group.
5. I can tell you some ways I worked well with my group.
6. I know how to share success with other people.

To set realistic goals for myself To discuss perseverance and be able to recognise my strengths as a learner.