

# Newquay Primary Academy – Summer Term 2 Sequence – P.E.



## RECEPTION *Olympics*

**Prior knowledge...** 'Move like a...', Treasure Hunting, Hands and Eyes, Target Practice, Water Confidence' topics,

Pupils will consolidate and refine previous learning through different weekly activities i.e. beach games, sports days, cheerleading etc.

Agility, Balance, Coordination, turn taking, team work, hands ready, tracking, travel, safety, movement, throw, catch.

1. To be able to participate in obstacle courses in a safe and controlled manner.
2. To be able to participate in a cheer and dance session, creating a cheer to perform at Sports Day!
3. To be able to participate in a beach games session, taking part in beach based activities.
4. To be able to participate in a practice session to prepare for Sports Day!
5. To be able to participate and apply skills in an inter-house Sports Day
6. To consolidate all learning and a fun

Pupils will be able to apply their fundamental movement skills (ABC) into a variety of different activities. Pupils will participate in events where they earn points for their team, they will understand how to be a good 'team mate'.

## YEAR 1 *Aim – Strike - React*

**Prior knowledge...** Pupils have developed their fundamental movement skills and hand-eye coordination. They are able to play games with basic rules and have an understating of the feelings associated with winning and losing.

Pupils will use their fundamental movement skills (Agility, Balance and Coordination) to participate in striking and fielding activities.

Striking, fielding, hitting, hands ready, bat, racket, catching, running, bases, bowling, scoring.

1. To acquire and develop skills to play 'football rounder's'.
2. To develop an understanding of 'fielding' and 'batting'. Pupils will start to develop knowledge of how to 'field' effectively.
3. To be able to play a football rounder's tournament. They will apply their batting and fielding skills. They will be able to keep their score.
4. To acquire skills to play 'throwing' rounder's. Pupils will be able to roll and throw the ball into space, away from the fielding team.
5. To be able to develop strategies to help them be more successful in "throwing rounders".
6. To consolidate their learning by participating in a striking and fielding tournament.

Pupils will be able to strike a football OR throw a ball into a space. Pupils will understand how to score a rounder. Pupils will be able to field the ball and return it to the 'bowlers' box to stop the batting team scoring.

## YEAR 2 *Strike – React – Rally*

**Prior knowledge...** Pupils will be able to strike a football OR throw a ball into a space. Pupils will be able to 'track' the ball with their eyes. Pupils will have a developing ability to co-ordinate their hands and eyes.

Pupils will continue to develop their hand-eye coordination and apply this with their fundamental movement skills so they are able to participate in net and wall games.

Hands ready, tracking, rackets, ball, rallies, hitting, swinging, challenges, team work, pairs, scoring.

1. To have an understanding of what a 'rally' is and be able to identify games which involve rallies.
2. To acquire skills to 'trap and tap' using hand pads and plastic rackets.
3. To be able to hand-feed and hit the ball with a racket.
4. To acquire skills to be able to hit the ball with varying power.
5. To be able to move to strike the ball. Start to attempt rallies.
6. To be able to move the racket from low to high and be able to control the power and direction of the hit.

Pupils will be able to identify sports that have rallies i.e. tennis, volleyball, table tennis. Pupils will be able to make contact the ball and hit the ball with control and increasing accuracy.

### INTENT

### VOCABULARY / STICKY KNOWLEDGE

### SEQUENCE OF LESSONS

### OUTCOME / COMPOSITE