












Newquay Primary Academy Wellbeing Week 2023

Happy – Healthy – Confident

	Monday 26th June <i>Charity Fun Run for the National Deaf Childrens Society</i>	Tuesday 27th June	Wednesday 28th June <i>Sports Day at 1.30pm</i>	Thursday 29th June	Friday 30th June
Joshua class	<p>Wear PE KIT</p> <p>Sponsorship link is online.</p>  <p>Sign language workshop with Mrs Rose-Lean</p>	<p>Wear academy uniform</p> <p>FRUIT FACES Pupils will learn all about 5-a-day and the importance of eating nutritious food by designing, making and eating fruit faces</p> 	<p>Wear PE KIT</p>  <p>Our fabulous PTA will be selling refreshments on the day.</p>	<p>Wear PE KIT</p> <p>Children will be given the opportunity to pick one or more activities from the 'Wellbeing Menu' including Cosmic yoga, breathing activities, dance, mindfulness colouring, art to music.</p> 	<p>Wear PIRATE-THEMED FANCY DRESS</p> <p>PIRATE SCHOOL</p> 
Tamar class	<p>Wear PE KIT</p> <p>Sponsorship link is online.</p>  <p>Sign language workshop with Mrs Rose-Lean.</p>	<p>Wear academy uniform</p> <p>FRUIT FACES Pupils will learn all about 5-a-day and the importance of eating nutritious food by designing, making and eating fruit faces</p> 	<p>Wear PE KIT</p>  <p>Our fabulous PTA will be selling refreshments on the day.</p>	<p>Wear academy uniform</p> <p>Trip to Padstow Lifeboat Centre</p> <p>Tamar class will be learning about the important role that the lifeboat service provides to our local community and meeting the boat that their class is named after.</p> <p>Please can you ensure that all children come to the academy with plenty of suncream and sun hat on this day.</p> 	<p>Wear PE KIT</p> <p>Children will be given the opportunity to pick one or more activities from the 'Wellbeing Menu' including Cosmic yoga, breathing activities, dance, mindfulness colouring, art to music.</p> 