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Newquay Primary Academy Wellbeing Week 2023

Happy - Healthy - Confident

Dear Parent/Carer

We are delighted to announce the launch of Newquay Primary Academy's inaugral 'Wellbeing Week', which will be held from **Monday 26**th **June – Friday 30**th **June 2023.**

What will 'Wellbeing Week' include?

Alongside core curriculum, key events will include...

Charity Fun Run event

We are delighted to announce that we will be running a Charity Fun Run event this year in aid of the National Deaf Children's Society. It will be on Monday 26th June. Every penny we raise will go towards supporting deaf children in the UK and ensuring that they have access to the same opportunities and adventures. Everyone will run the event. If you would like to donate, please visit our JustGiving page below:

https://www.justgiving.com/page/newquay-primary-academy-

<u>1686566908372?utm_source=copyLink&utm_medium=one_page&utm_content=page/newquay-primary-academy-1686566908372&utm_campaign=pfp-share&utm_term=573d1969a15e4d0b923fc0a0fdcc8a4a</u>

The link will also be available on all our social media platforms, so please feel free to share.

If you would like more information on this fantastic charity that we're supporting, please visit this website; https://www.ndcs.org.uk/



Each class will take part in Sports Day on Wednesday 28th June, the pupils will rotate around a circuit of events and earn points for their house teams. We look forward to seeing members of our Newquay Primary Academy community cheering on our pupils at this event. Our fabulous PTA will be selling refreshments on the day.

We advise spectators arrive ten minutes before the designated start time of 1.30pm.

How can you help?

- ✓ It will be a different week to what the pupils usually experience. We appreciate your support in facilitating a change to our regular timetable. Please see the attached itinerary to give you a onestop guide to the week.
- ✓ If you provide snacks/lunchboxes for your child, please try and include a variety of fruit and vegetables as this will help with the 'healthy eating' activities that will be explored during the week.
- ✓ The Charity Fun Run event will be a sponsored activity. Please feel free to share the sponsorship link with friends and family members. The sponsorship link will appear on our social media platforms shortly.
- ✓ Ask your child(ren) to share with you what they have been exploring in the academy.

Please contact the academy if you have any questions or require further information.

Thank you for your ongoing support in making Newquay Primary Academy a 'happier and healthier' academy.

Yours sincerely

Mr C Hayes

Executive Headteacher