



Concept Map-PE



Locomotor Skills

In Year R we will learn...

- Walking
- Jumping
- Running
- Hopping
- Skipping

In Year 1 we will learn...

- Jumping
- Running
- Side stepping
- Dodging

In Year 2 we will learn...

- Running
- Side stepping
- Dodging
- Lunging
- Leaping

Manipulative Skills

In Year R we will learn...

- Rolling
- Catching
- Underhand throwing

In Year 1 we will learn...

- Catching
- Underhand throwing
- Overhand throwing
- Striking with the hand
- Striking with implement

In Year 2 we will learn...

- Foot dribbling
- Hand dribbling
- Pivoting
- Catching
- Overhand throwing
- Underhand throwing
- Striking with the hand
- Striking with implement

Stability Skills

In Year R we will learn...

- Bending
- Balance
- Stopping

In Year 1 we will learn...

- Stretching
- Bending
- Balancing
- Landing
- Twisting/rotating
- Turning
- Rolling
- Stopping

In Year 2 we will learn...

- Stretching
- Stopping
- Bending
- Balancing
- Turning
- Twisting/rotating

Aquatics

In Year R we will learn...

- Floating
- Safe entry/exit
- Blowing bubbles
- Regaining standing position
- Water confidence

In Year 1 we will learn...

- Floating
- Water safety
- Blowing bubbles
- Kicking on front and back
- Rolling
- Stroke development (legs)
- Water confidence

In Year 2 we will learn...

- Stroke development (arms and legs)
- Water confidence
- Float to live
- Distance swimming
- Water safety