Newquay Primary Academy - Spring Term 2 Sequence - P.E.



RECEPTION

Target Practice

YEAR 1

Throw - Prepare - Catch

Prior knowledge... Pupils will be able to play small-sided movement games (without a ball). Pupils will know what rules are and why they are used in sport. Pupils will be able to play a game in line with the rules. Pupils will know the feelings associated with winning and losing.

YEAR 2

Fair - Share - Dare

Prior knowledge... Pupils will be able to throw and catch under pressure in small-sided games in line with the rules. Pupils will know how to win and lose respectfully. Pupils will have a developing understanding of the concepts of 'attack and defence'.

INTENT

To develop and refine throwing and catching skills learnt in the previous topic, pupils will be able to apply these skills with increased accuracy.

To combine movement skills (agility, balance and coordination) with throwing and catching skills so pupils can play small-sided invasion games which use a ball or another object. Pupils will continue to develop their understanding of attack and defence.

To apply fundamental movement skills and handeye coordination in games whilst embedding values such as fairness and respect.

VOCABULARY / STICKY KNOWLEDGE

SEQUENCE OF LESSONS

Target, Throw, Catch, Aim, Take Turns, Space, Accuracy, Control

Movement, Hands –ready, Pivot, Tracking, Handeye coordination, Throw, Catch, Space, Rules, Teamwork, Win, Lose, Respect, Official, Referee

Agility, Balance, Coordination, Throwing, Catching, Dribbling, Teamwork, Leadership, Win, Lose, Respect, Official, Rules

- To develop hand-eye coordination to be able to roll and receive a ball with a partner. Pupils will discuss what the word
 - 'target' means.

 2. To applying throwing skills with accuracy, pupils will participate in target-practice activities.
 - To be able to apply throwing and catching skills in a small-sided invasion game.
 Pupils will explore the concept of winning and losing.
 - To be able to throw and catch with a developing technique under pressure.
 Pupils will work together in pairs to try and achieve challenges set.
 - 5. To be able to throw for 'accuracy' and understand how to 'aim' and control the direction of the object.
 - To be able to apply all the skills covered in this topic with an increased confidence and skill level. Pupils to reflect on their learning.

- To recap the concept of an 'invasion game'.
 Pupils will play invasion games that are
 movement based.
- To recap and further develop the pupils' techniques when throwing and catching.
- To play small-sided invasion games that include a ball i.e. bench ball. Pupils will be able to play in line with the rules and work together as a team.
- 4. To play small-sided invasion games with a focus on how to win and lose respectfully and to be aware of team members feelings.
- To play small-sided invasion games with a focus on attack, defence, and spatial awareness.
- To apply all the skills learnt throughout this topic in a tournament. Pupils to reflect on their learning.

- 1. To play 1:1 games which involve winning and losing. Pupils to explore these feelings. Pupils will shake hands at the end of each challenge.
- To play 2:2 games which involve applying skills, decision making and winning and losing.
- 3. To play 3:3 games with a focus on playing by the rules and officiating their own games.
- 4. To play 4:4 games with a focus on rules, teamwork and the principles of attack and defence.
- 5. To participate in a small-sided tournament, pupils will play to the rules and respond respectfully to the official.
- 6. To apply all of the skills learnt throughout. Pupils will have a developing ability to evaluate their performances by identifying their strengths and weakness'.

OUTCOME / COMPOSITE

Pupils will have continued to develop their throwing and catching technique. Pupils will have an increased understanding on the concept of 'aiming', they will be able to use their body to control the direction of an object when its rolled or thrown.

Pupils will apply their throwing and catching skills in small-sided games in line with the rules. Pupils will know how to win and lose respectfully. Pupils will have a developing understanding of the concepts of 'attack and defence'.

Pupils will be able to participate in games and challenges in line with the rules. They will be able to win and lose respectfully, they will be able to identify how other team members may be feeling. Pupils will have a developing ability to officiate simple games.