

Newquay Primary Academy – P.E. Spring 2 Term Sequence



Year 3

Prior knowledge...
Pupils will have explored their fundamental movement skills in their 'Agility – Balance-Coordination' unit. Pupils will have a developing understanding of the importance of teamwork when aiming for a specific outcome.

YEAR 4

Prior knowledge...
Pupils will understand what NET / WALL games are and give examples of these sports. Pupils will know that how they move their hand paddle will impact the direction of travel of the ball. Pupils should be able to have controlled rallies and be able to use a developing technique within these rallies. P

YEAR 5

Prior knowledge...
Pupils will have previously had cross-curricular exposure to OAA in their Year 3 Geography lessons. Pupils should be able to participate in simple orienteering activities.

YEAR 6

Prior knowledge...
Pupils will have explored invasion games in previous units such as 'Throw-Catch – Play', 'Attack – Defend – Travel', Hockey, and Netball. Pupils will understand the concept of 'attack' and 'defence'. Pupils should have developing skills to be able to evaluate our team performance and suggest ways to improve

INTENT

In STRIKE – REACT - RALLY, pupils will acquire and develop skills to be able to rally using hand pads and tennis rackets.

In STRIKE – REACT - RALLY, pupils will refine their previously learnt skills, they will be able to perform a groundstroke and a volley. Pupils will learn to play variations of tennis-based games and be able to score independently.

In OUTDOOR ADVENTUROUS ACTIVITIES (OAA), pupils will develop their listening and communication skills which will enable them to problem solve. Pupils will be able to orientate themselves with a map, be able to read a grid-reference and, and be able to participate in orienteering activities

In BASKETBALL, pupils will apply and develop fundamental skills learnt in Years 3, 4 and 5 in a basketball specific context. To understand the rules and be able to co-operate in a team situation. Some students will be able to develop tactics and strategies.

VOCABULARY / STICKY KNOWLEDGE

NET and WALL games, forehand, back hand, ready position, rally, racket.

NET and WALL games, forehand, back hand, rally, volley, groundstroke, direction, chopper grip, officiate.

Teamwork, Problem Solving, Communication, Maps, Orienteering, Grid Reference.

Invasion game, chest pass, bounce pass, shoulder pass, double dribble, travel, set shot.

SEQUENCE OF LESSONS

A. To develop hand-eye coordination skills.

B. To acquire skills to use the hand paddles to return a hand-feed.

C. To acquire skills to be able to use the hand paddles to rally with a partner.

D. To understand how the directing the movement of the hand paddle will impact the direction of the ball.

E. To be able to rally competitively and use the concept of 'my personal best'.

F. To use hand paddles / rackets to play small tennis-based games

A. To recap what 'net and wall' games are and to recap rallies using the hand paddles.

B. To acquire skills to use the 'chopper grip' and the forehand groundstroke using a tennis racket.

C. To be able to use the ready position and perform a backhand ground stroke.

D. To introduce the concept of a volley.

E. To apply skills in small tennis-based challenge games.

F. To apply all skills in small, sided games whilst independently scoring and officiating.

A. To be able to work together in a team to successfully problem solve.

B. To explore strategies and alter strategies to reach the desired outcome.

C. To be able to communicate effectively.

D. To successfully participate in photo orienteering.

E. To be able to read and locate grid references.

F. To be able to use a compass effectively.

A. To acquire skills to dribble with the correct technique and understand the rules involved with dribbling.

B. To acquire skills to perform a chest, bounce and shoulder pass.

C. To apply dribbling and passing in small-sided games.

D. To acquire skills to perform the 'defence' position and be able to apply it in a game situation.

E. To develop an understanding of the basic rules and apply skills in games in line with the rules.

F. To understand the concept of 'attack' and 'defence' and the use of 'strategies' within games. Apply all skills learnt.

OUTCOME / COMPOSITE

Pupils will understand what NET / WALL games are and give examples of these sports. Pupils will know that how they move their hand paddle will impact the

Pupils will be able to rally using a tennis racket, they will know the difference between a groundstroke and a volley. Pupils will apply these skills in tennis-based games, they will

Pupils will understand the importance of communication and be able to effectively use different types of communication when

Pupils will be able to perform the three types of passes and dribble with a sound technique. They will understand what the 'defence' position is.

direction of travel of the ball. Pupils will start to challenge themselves to have longer and more controlled rallies and be able to use a developing technique within these rallies

also be able to officiate and score independently.

participating in Outdoor Adventurous Activities. Pupils will be able to read and locate grid-references, enabling them to successfully take part in an orienteering course.

Pupils will be able to play small-sided games in line with the rules.